

# Sabrina Mayfield

## SAG

Actress / Singer / Host

**HEIGHT: 5'5"**

**WEIGHT: 150**

**HAIR: Black**

**EYES: Brown**

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### THEATER (REGIONAL)

Cats	Grizabella (Lead)	Miami Stage Company
The Taming of the Shrew	Lady Pedant (Supporting)	Shakespeare in the Park
Annie	Mrs. Pugh/Ensemble (Supporting)	Broadway Dance Co

### FILM

Halls of Jacob	Nurse (Principal)	Angry Pig Productions
Interconnected	Rental Car Agent (supporting)	Aberration Films
Paper Cuts	Business Women (Featured)	3 Second Rules

### TELEVISION

Dexter	Stand-In (Lauren Velez)	Blind Decker/ Showtime
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### COMMERCIALS AND INDUSTRIALS LIST UPON REQUEST

### HOSTING

Fox-WSVN "Deco Drive" Crossover	Hosting finalist Miami Movie Premiere	February, 2007 July, 2006
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### TRAINING

NYIT	Fine Arts/ Tourism Hospitality	New York, NY
Lee Strasberg Theatre Institute	Method Acting	New York, NY
Weist-Barron	Auditions	New York, NY
Marki Costello (CMEG)	Hosting	Miami/ Los Angeles
M.Brown/ A. Roberts (E!)	Hollywood Hosting	Los Angeles, CA
Tim Bagley (Actor Fest)	Improv Fundamentals	Los Angeles, CA
Adam Rourke Film Acting	Film / Television	Dallas, TX
Margo Manning Acting	Commercial Workshop	Dallas, TX
The Actor's School	Rus Blackwell Intensive	Orlando, FL
Creative Workshops	Cold Reading	Miami, FL
Raymond Forchion	Film Intensive	Miami, FL
American Black Film Fest	Bill Duke Actors Boot camp	Miami, FL
Lori Wyman	Audition Film/TV	Miami, FL
Improv Yourself	Improvisation	Miami, FL
Dillard High School of the Performing Arts		Fort Lauderdale, FL

### SPECIAL SKILLS

Hosting, Caribbean accent, singing, CPR, Golf, Jogging, Rollerblade, Yoga, FAA Certified Flight Attendant, Boating, Backpacking, Kickboxing, Bank Teller, Cooking, Scuba Diving, Teleprompter, Microsoft Office, Pre K-1 grade teacher, Former Florida Realtor, Current Passport

